

Seabrook has been helping families find the courage to recover since 1974

seabrook®

Family Matrix

the heart of recovery

ADDICTION IS A
FAMILY DISEASE



For more information Visit seabrook.org or
call **Carol Dallago** at 856.455.7575 ext. 1158

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Family Matrix

Seabrook Family Matrix is a 3 day family experience that allows families to begin to heal and strengthen the family bonds strained by addiction.

Seabrook Family Matrix commences the exploration of family dynamics in a group setting that creates a sense of safety & acceptance that is vital to the family healing. Family members will learn how to reclaim the family from the ravaging of addiction and restore a sense of hope as the miracle of recovery is revealed.

Through the use of mindfulness techniques, family members are able to solidify this experience by identifying common family goals.

Open to the Public, Your family member does not need to be at Seabrook for you to attend.



Seabrook Family Matrix

Friday 9:00 am – 5:00 pm

Saturday 9:00 am – 5:00 pm

Sunday 9:00 am – 5:00 pm

*Registration must be paid in
advance to reserve space.*

*The cost of the program is \$225 per person
for family members 13 and older.*